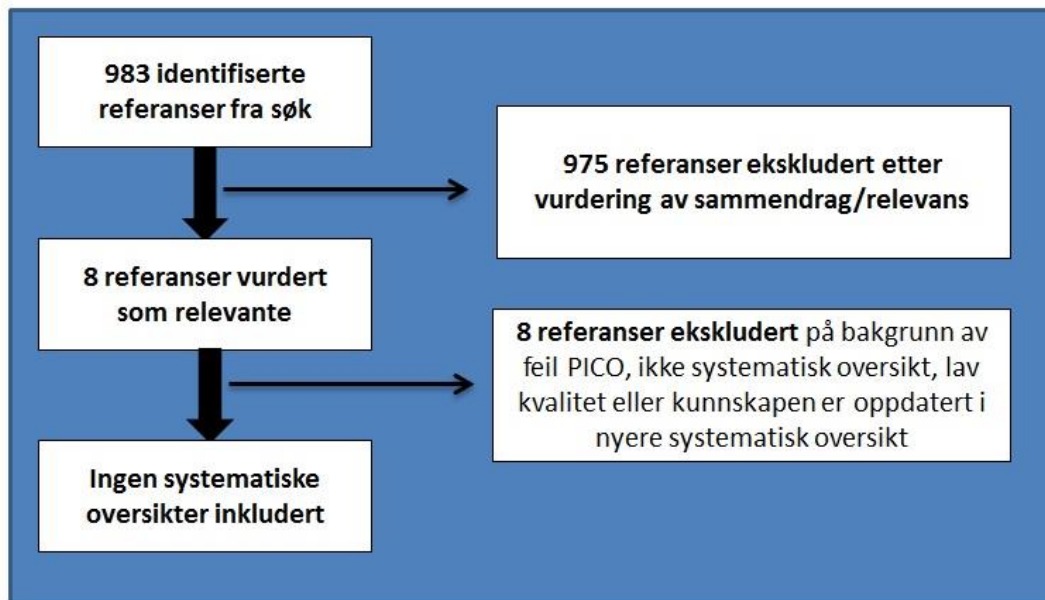


## Flytdiagram og søkestrategi for søk etter systematiske oversikter

Forsknings spørsmål: Gir det bedre effekt å stabilisere mennesker med anoreksi ved BMI på 19-20 enn ved BMI på 18-19?

- P – Mennesker med spiseforstyrrelse
- I – BMI 19-20 som målvekt/stabiliseringsvekt
- C – BMI 18-19 som målvekt/stabiliseringsvekt
- O – Tilbakefall, vektnedgang, prognose, utvikling av bulimi, utvikling av bulimiske symptomer

Oppdatert søk ved Helsedirektoratet 2014:



Figur 1. Flytdiagram over søketreff og vurdering av titler, sammendrag og fulltekstartikler.

## Ekkluderte systematiske oversikter

**Tabell 1: Systematiske oversikter som er ekskludert fra søket ved Helsedirektoratet, på bakgrunn av feil PICO, lav kvalitet eller fordi kunnskapen er oppdatert i nyere systematisk oversikt.**

Referanse	Søk
Dejong H, Broadbent H, Schmidt U. (2012). A systematic review of dropout from treatment in outpatients with anorexia nervosa. <i>International Journal of Eating Disorders</i> , 45(5):635-47.	Helsedirektoratet (2014)
Galsworthy-Francis L, Allan S. (2014). Cognitive Behavioural Therapy for anorexia nervosa: A systematic review. <i>Clinical Psychology Review</i> , 34(1):54-72.	Helsedirektoratet (2014)
Hay Phillipa J, Claudino Angélica M, Smith Caroline A, Touyz S, Lujic S, Madden S. (2013). Inpatient versus outpatient care, partial hospitalisation and wait-list for people with eating disorders. <i>Cochrane Database of Systematic Reviews</i> , (12).	Helsedirektoratet (2014)
McLean N, Griffin S, Toney K, Hardeman W. (2003). Family involvement in weight control, weight maintenance and weight-loss interventions: A systematic review of randomised trials. <i>International Journal of Obesity</i> , 27(9):987-1005.	Helsedirektoratet (2014)
O'Connor G, Nicholls D. (2013). Refeeding hypophosphatemia in adolescents with anorexia nervosa: a systematic review. <i>Nutrition in Clinical Practice</i> , 28(3):358-64.	Helsedirektoratet (2014)
Paulson Karlsson G, Clinton D, Nevenon LA. (2013). Prediction of weight increase in anorexia nervosa. <i>Nordic Journal of Psychiatry</i> , 67(6):424-32.	Helsedirektoratet (2014)
Rocks T, Pelly F, Wilkinson P. (2014). Nutrition therapy during initiation of refeeding in underweight children and adolescent inpatients with anorexia nervosa: a systematic review of the evidence (Provisional abstract). <i>Database of Abstracts of Reviews of Effects</i> , (4):897-907.	Helsedirektoratet (2014)
Wallier J, Vibert S, Berthoz S, Huas C, Hubert T, Godart N. (2009). Dropout from inpatient treatment for anorexia nervosa: critical review of the literature. <i>International Journal of Eating Disorders</i> , 42(7):636-47.	Helsedirektoratet (2014)

## Søkestrategi

### SPISEFORSTYRRELSER

**Kontaktperson:** Kari Aanjesen Dahle

**Søk:** Astrid Nøstberg

**Kommentar:** Oppdateringssøk av søk utført juni 2010. Her avgrenset til kun systematiske oversikter

**Tidsbruk:** 26 timer

**Database:** Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations, Ovid MEDLINE(R) Daily and Ovid MEDLINE(R) 1946 to Present

**Dato:** 10.11.2014

**Antall treff:** 462

#	Searches	Results
1	Eating Disorders/	11252
2	Anorexia Nervosa/	11056
3	Binge-Eating Disorder/	589
4	Bulimia Nervosa/	1769
5	((appetite or eating) adj2 disorder?).tw.	13233
6	(((anorexia or bulimia) adj2 (nervosa or nevrosa)) or anorexic or bulimic).tw.	14460
7	(binging or (binge adj1 eating) or bingeeating or overeat\$ or (compulsive adj2 (eat\$ or vomit\$)) or (food\$ adj2 (bing\$ or aversion\$)) or (self?induc\$ adj2 vomit\$) or (restrict\$ adj2 eat\$) or hyperrexia or polyphagia).tw.	6804
8	or/1-7	32525
9	(2000* or 2001* or 2002* or 2003* or 2004* or 2005* or 2006* or 2007* or 2008* or 2009* or 2010* or 2011* or 2012* or 2013* or 2014* or 2015*).ed,ep,yr,dp,dc.	13052471
10	8 and 9	19680
11	limit 10 to "reviews (maximizes specificity)"	462

**Database:** Embase 1974 to 2014 November 06

**Dato:** 04.11.2014

**Antall treff:** 384

#	Searches	Results
1	eating disorder/	16146
2	anorexia nervosa/	15968
3	binge eating disorder/	4010
4	bulimia/	11019
5	food aversion/	278
6	appetite disorder/	2920
7	((appetite or eating) adj2 disorder?).tw.	16710
8	((anorexia or bulimia) adj2 (nervosa or nevrosa)) or anorexic or bulimic).tw.	17689
9	(binging or (binge adj1 eating) or bingeeating or overeat\$ or (compulsive adj2 (eat\$ or vomit\$)) or (food\$ adj2 (bing\$ or aversion\$)) or (self?induc\$ adj2 vomit\$) or (restrict\$ adj2 eat\$) or hyperrexia or polyphagia).tw.	8080
10	or/1-9	45682
11	(2000* or 2001* or 2002* or 2003* or 2004* or 2005* or 2006* or 2007* or 2008* or 2009* or 2010* or 2011* or 2012* or 2013* or 2014* or 2015*).yr,em,dd,dp.	15178435
12	10 and 11	30821
13	limit 12 to "reviews (maximizes specificity)"	435
14	limit 13 to embase	384

**Database:** PsycINFO 1806 to November Week 1 2014

**Dato:** 10.11.2014

**Antall treff:** 568

#	Searches	Results
1	Eating Disorders/	11825
2	Anorexia Nervosa/	8976
3	Binge Eating Disorder/	973
4	Bulimia/	6751
5	"Purging (Eating Disorders)"/	344
6	Binge Eating/	2254
7	((appetite or eating) adj2 disorder?).tw.	18680
8	(((anorexia or bulimia) adj2 (nervosa or nevrosa)) or anorexic or bulimic).tw.	15004
9	(binging or (binge adj1 eating) or bingeeating or overeat\$ or (compulsive adj2 (eat\$ or vomit\$)) or (food\$ adj2 (bing\$ or aversion\$)) or (self?induc\$ adj2 vomit\$) or (restrict\$ adj2 eat\$) or hyperrexia or polyphagia).tw.	6526
10	or/1-9	31222
11	(2000* or 2001* or 2002* or 2003* or 2004* or 2005* or 2006* or 2007* or 2008* or 2009* or 2010* or 2011* or 2012* or 2013* or 2014* or 2015*).dp,yr,up.	2155349
12	10 and 11	19794
13	limit 12 to "reviews (maximizes specificity)"	568

**Database:** Cochrane Issue 11 of 12, November 2014, Other Reviews (DARE) Issue 4 of 4, October 2014, Methods Studies Issue 3 of 4, July 2012, Technology Assessments Issue 4 of 4, October 2014, Economic Evaluations Issue 4 of 4, October 2014

**Dato:** 09.12.2013

**Antall treff:** 115 (Cochrane Reviews: 14, Other Reviews: 61, Methods Studies: 13, Technology Assessments: 16, Economic Evaluations: 11)

ID	Search	Hits
#1	MeSH descriptor <b>Eating Disorders</b> , this term only	364
#2	MeSH descriptor <b>Anorexia Nervosa</b> , this term only	308
#3	MeSH descriptor <b>Binge-Eating Disorder</b> , this term only	58
#4	MeSH descriptor <b>Bulimia Nervosa</b> , this term only	156
#5	((appetite or eating) near/2 disorder?):ti,ab,kw	773
#6	((anorexia or bulimia) near/2 (nervosa or nevrosa)) or anorexic or bulimic:ti,ab,kw	1159
#7	(binging or (binge near/1 eating) or bingeeating or overeat* or (compulsive near/2 (eat* or vomit*)) or (food* near/2 (bing* or aversion*)) or (self?induc* near/2 vomit*) or (restrict* near/2 eat*) or hyperrexia or polyphagia):ti,ab,kw	661
#8	(#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7)	2088
#9	#8 Publication Year from 2000	1381
#10	#9 in Cochrane Reviews (Reviews and Protocols), Other Reviews, Methods Studies, Technology Assessments and Economic Evaluations	115

Database: EBSCO Cinahl

Dato: 06.11.2014

Antall treff: 7

#	Query	Results
S4	(MH "Eating Disorders"# or #MH "Anorexia Nervosa"# or #MH "Bulimia Nervosa"# or #MH "Food Aversions"# or TI appetite N2 disorder? or AB appetite N2 disorder? or TI eating N2 disorder? or AB eating N2 disorder? or TI anorexia N2 nervosa or AB anorexia N2 nervosa or TI anorexia N2 nevrosa or AB anorexia N2 nevrosa or TI bulimia N2 nervosa or AB bulimia N2 nervosa or TI bulimia N2 nevrosa or AB bulimia N2 nevrosa or TI anorexic or AB anorexic or TI bulimic or AB bulimic or TI binging or AB binging or TI binge N1 eating or AB binge N1 eating or TI bingeeating or AB bingeeating or TI overeat* or AB overeat* or TI compulsive N2 eat* or AB compulsive N2 eat* or TI compulsive N2 vomit* or AB compulsive N2 vomit* or TI food* N2 bing* or AB food* N2 bing* or TI food* N2 aversion or AB food* N2 aversion or TI self#induc* N2 vomit* or AB self#induc* N2 vomit* or TI restrict* N2 eat* or AB restrict* N2 eat* or TI hyperrexia or AB hyperrexia or TI polyphagia or AB polyphagia Limiters - Clinical Queries: Review - High Specificity; Exclude MEDLINE records; Published Date: 20000101-20141231	7

S3	<p>(MH "Eating Disorders"# or #MH "Anorexia Nervosa"# or #MH "Bulimia Nervosa"# or #MH "Food Aversions"# or T1 appetite N2 disorder? or AB appetite N2 disorder? or T1 eating N2 disorder? or AB eating N2 disorder? or T1 anorexia N2 nervosa or AB anorexia N2 nervosa or T1 anorexia N2 nevrosa or AB anorexia N2 nevrosa or T1 bulimia N2 nervosa or AB bulimia N2 nervosa or T1 bulimia N2 nevrosa or AB bulimia N2 nevrosa or T1 anorexic or AB anorexic or T1 bulimic or AB bulimic or T1 bingeing or AB bingeing or T1 binge N1 eating or AB binge N1 eating or T1 bingeeating or AB bingeeating or T1 overeat* or AB overeat* or T1 compulsive N2 eat* or AB compulsive N2 eat* or T1 compulsive N2 vomit* or AB compulsive N2 vomit* or T1 food* N2 binge* or AB food* N2 binge* or T1 food* N2 aversion or AB food* N2 aversion or T1 self#induc* N2 vomit* or AB self#induc* N2 vomit* or T1 restrict* N2 eat* or AB restrict* N2 eat* or T1 hyperrexia or AB hyperrexia or T1 polyphagia or AB polyphagia</p> <p>Limiters - Clinical Queries: Review - High Specificity; Published Date: 20000101-20141231</p>	100
S2	<p>(MH "Eating Disorders"# or #MH "Anorexia Nervosa"# or #MH "Bulimia Nervosa"# or #MH "Food Aversions"# or T1 appetite N2 disorder? or AB appetite N2 disorder? or T1 eating N2 disorder? or AB eating N2 disorder? or T1 anorexia N2 nervosa or AB anorexia N2 nervosa or T1 anorexia N2 nevrosa or AB anorexia N2 nevrosa or T1 bulimia N2 nervosa or AB bulimia N2 nervosa or T1 bulimia N2 nevrosa or AB bulimia N2 nevrosa or T1 anorexic or AB anorexic or T1 bulimic or AB bulimic or T1 bingeing or AB bingeing or T1 binge N1 eating or AB binge N1 eating or T1 bingeeating or AB bingeeating or T1 overeat* or AB overeat* or T1 compulsive N2 eat* or AB compulsive N2 eat* or T1 compulsive N2 vomit* or AB compulsive N2 vomit* or T1 food* N2 binge* or AB food* N2 binge* or T1 food* N2 aversion or AB food* N2 aversion or T1 self#induc* N2 vomit* or AB self#induc* N2 vomit* or T1 restrict* N2 eat* or AB restrict* N2 eat* or T1 hyperrexia or AB hyperrexia or T1 polyphagia or AB polyphagia</p> <p>Limiters - Published Date: 20000101-20141231</p>	7,151
S1	<p>(MH "Eating Disorders"# or #MH "Anorexia Nervosa"# or #MH "Bulimia Nervosa"# or #MH "Food Aversions"# or T1 appetite N2 disorder? or AB appetite N2 disorder? or T1 eating N2 disorder? or AB eating N2 disorder? or T1 anorexia N2 nervosa or AB anorexia N2 nervosa or T1 anorexia N2 nevrosa or AB anorexia N2 nevrosa or T1 bulimia N2 nervosa or AB bulimia N2 nervosa or T1 bulimia N2 nevrosa or AB bulimia N2 nevrosa or T1 anorexic or AB anorexic or T1 bulimic or AB bulimic or T1 bingeing or AB bingeing or T1 binge N1 eating or AB binge N1 eating or T1 bingeeating or AB bingeeating or T1 overeat* or AB overeat* or T1 compulsive N2 eat* or AB compulsive N2 eat* or T1 compulsive N2 vomit* or AB compulsive N2 vomit* or T1 food* N2 binge* or AB food* N2 binge* or T1 food* N2 aversion or AB food* N2 aversion or T1 self#induc* N2 vomit* or AB self#induc* N2 vomit* or T1 restrict* N2 eat* or AB restrict* N2 eat* or T1 hyperrexia or AB hyperrexia or T1 polyphagia or AB polyphagia</p>	8,470

**Database:** Svemed+

**Dato:** 10.11.14

**Antall treff:** 206

**Kommentar:** Ikke avgrenset til systematiske oversikter

	<b>Nr Söksträng</b>	<b>Antal träffar</b>
1	noexp:"Eating Disorders"	183
2	noexp:"Anorexia Nervosa"	139
3	noexp:"Binge-Eating Disorder"	2
4	noexp:"Bulimia Nervosa"	24
5	"appetite disorder*" OR "eating disorder*" OR "anorexia nervosa" OR "bulimia nervosa" OR anorexic OR bulimic OR binging OR "binge eating" OR bingeeating OR overeat* OR "compulsive eat*" OR "compulsive vomit*" OR "food bing*" OR "food aversion*" OR "self induced vomit*" OR "restricted eat*" OR "restricive eat*" OR hyperrexia OR polyphagia	333
6	#1 OR #2 OR #3 OR #4 OR #5	333
7	#1 OR #2 OR #3 OR #4 OR #5 AND year:[2000 TO 2014]	206